

# PROJECT PROPOSAL

*Establishment of AAJI CHA GHAR : Home for Old Aged  
Transgenders and Orphan Girl children in Karjat, Raigad,  
Maharashtra  
Under Sai Savli Trust*

*Applicant Organization*



**Sai Savli Trust**

Village Bandivali (Shelu), Near Datta Mandir, Taluka Karjat, District Raigad, Pin- 410101

*Contact Person: Gauri Sawant & Rasika Vaidya*  
Programme Managers and Trustees,

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**PRIMARY INFORMATION**

<b>1.</b>	<b>Organization's Name</b>	<b>Sai Savli Trust</b>
<b>2.</b>	<b>Legal Status</b>	Registered under the Bombay Charity Commissioner
<b>3.</b>	<b>Address:</b>	Village Bandivali (Shelu), Near Datta Mandir, Taluka Karjat, District Raigad, Pin- 410101
<b>4.</b>	<b>Year of establishment</b>	2017
<b>5.</b>	<b>Contact Person and Contact Information</b>	Gauri Sawant and Rasika Vaidya – Programme Manager and Trustee, Sai Savli, E-mail:msrasika@gmail.com Mobile: 9833243117.
<b>6.</b>	<b>Bank account information</b>	Bank Name: Branch: Account ID: Account No:
<b>7.</b>	<b>Program Names</b>	Aaji Cha Ghar
<b>8.</b>	<b>Project Title</b>	Establishment of AAJI CHA GHAR – Old Aged Home for senior transgenders and abandoned girl children in Karjat, District: Raigad, Maharashtra
<b>9.</b>	<b>Project Area</b>	Area of the project is unspecified because the aaji cha ghar will accept transgenders and abandoned little girl children independent of their origin.

## **ABOUT SAI SAVLI**

Short description of Sai Savli and its activities.

Sai Savli is an Non Government and Non Profit based Organisation. It is common people based non-political development organization to be was established in 2017 by some dedicated male and female social workers, community helpers, under the guidance of Gauri Sawant aiming to improve the life status of disadvantaged people giving special priorities to Transgenders , girl children and old aged person. It will work on projects which will aim at developing a positive attitude in the society with respect to transgenders and prostitutes and underprivileged part of the society. It has been studied and observed that the local initiatives for the same is limited and especially many such door are closed for tansgenders. Non profit projects and social initiatives show their limits with respect to area of working or the set of people for which it is meant for as well as political and socil corruption has led to less development activities towards this section of the society. But Sai Savli as an NGO has no restrictions with respect to area of help or set of people, it will be an organization that will help each one of the society who is in need. Projects that will run under this is are Aaji Cha Ghar, Swayam Sidha : Empowering trnsgenders / Hijras. Sai Salvi not only aims at supporting the ones in its shade but also will make them independent and self-reliant, working for heir overall development.

## **PURPOSE OF THE PROJECT:**

What is the purpose of the project - vision and values?

**Vision:**

- “To save girl children”
  - Nurture girl children, make them empower with education and good moral values.
- To provide care to the lives of the helpless and destitute old Aged Transgender in the society and even those neglected by the society and did not get proper care due to poverty, so that they live as valued members of the society with a peace of mind before going to their eternal home.
- “ old aged trans genders can take care of infants ,young growing girl children by sharing love and values “

**Goal:** To ensure safe and friendly environment for the upbringing of destitute girl children under the roof of aged Transgender with love care and disciplined culture..

**Purpose of the project:** Ensure access of 40 (forty)poor helpless and destitute Old Aged Transgender persons and girl children for safe accommodation, tender love, proper care, nourishment, health service and other basic needs through establishment and operation of a sustainable Aaji Cha Ghar.

**Specific Objectives:**

1. To establish a well constructed, well managed, community participated and safe Old Aged home at Karjat, District Raigad, State Maharashtra.
2. To ensure adequate nourishment and clothes and shelter for the targeted the poor helpless and destitute an Old Aged Transgenders and girl children.
3. To nurture and foster abandoned girl children of prostitute.
4. To restrict the girl children from entering the business of prostitution.
5. To spread awareness regarding health and hygienic issues.
6. To create an effective and friendly learning environment for the poor helpless and destitute an Old Aged Transgenders and girl children within AAJI KA GHAR so that they can live peacefully as their own Home.
7. To provide an Old Aged persons access to fellowship activities, recreational facilities, mental support, social affairs and spiritual well-being.
8. To educate the girls and make them self-dependent and to nurture them with good moral values so that they become a resource for developing India
9. To promote resource generating activities for financial sustainability of AAJI KA GHAR beyond donor funding.
10. To make provision for girl child adoption.
11. To make provision of their marriage with an appropriate person at proper age.

**RATIONALE OF THE PROJECT**

**Why** the project has been chosen?

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In Mumbai and Maharashtra ,as well as all over India intense poverty, political violence, famine, drought, natural disasters, animal attacks, chronic endemic diseases and poor maternal health care, all are contributing in turning a large numbers of persons into helpless and destitute each year. The special victim of these are senior aged transgenders and girl children given birth or raised by prostitutes. There are no special amenities neither any appropriate government approach for the them. **The life of senior**

**transgenders turns worst and the life of the girls being raised in the prostitute areas is lost in the darkness.** There is generalized and pronounced lacking of health, nutrition, and caring services for indigenous poor helpless and destitute Old aged transgenders and girl children of prostitutes interfering their physical, mental, social and spiritual development and well being, ultimately leading to a uncertain and frustrated life.

Sai Savli has identified the following underlying causes of the above situation in India:

- There is no residential facility for the poor helpless and destitute Old aged transgenders and girl children of prostitutes. The place where they can live under proper care to them in peaceful mind without any harassment for their life.
- The family or care givers of the poor helpless and destitute an Old aged transgenders and girl children of prostitutes who themselves cannot afford adequate foods for their proper nutrition.
- The poor helpless and destitute an Old aged transgenders and girl children of prostitutes do not get health care services and remain untreated and maltreated for many diseases especially HIV and AIDS.
- In many cases, the poor helpless and destitute Old aged transgenders and girl children of prostitutes are often deprived of proper care, tender love and participation in – social events and spiritual activities etc as being they were neglected.

This project has been undertaken to address the above problem and its underlying causes. The project will ensure access of 30 helpless and destitute Old Aged Transgenders and girl children of the prostitutes in Maharashtra to safe accommodation, tender love, proper care, nourishment, guidance, health service and other basic needs through establishment and operation of AAJI CHA GHAR.

## **SPECIFIC AREAS OF NEEDS**

What is the specific area of NEEDS?

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Specific area of needs to be addressed by the project is:

1. **Foods and clothes:** The family or care givers of the poor helpless and destitute an Old Aged persons or Old Aged person himself/herself cannot afford adequate foods for his/her proper nutrition. Because they could not work in the field, an Old Aged person do not get clothing as per their need. Therefore, the poor helpless and destitute Old Aged persons who will be given residential facility need to be provided with food and clothes in free of cost.
2. **Health Care facility:** The poor helpless and destitute Old aged persons do not get health care services and remain untreated and maltreated for many diseases. Which is crucial for their age. Therefore, regular medical check-up, health care should be arranged for the targeted poor and helpless an Old Aged Transgenders persons.
3. **Mental, social and spiritual development:** The poor helpless and destitute Old Aged persons are often deprived of proper care, tender love and participation in – social events, spiritual activities. Therefore, these Old aged persons need facilities of nursing, recreation and socialization, so that they may be released from mental depression.
4. **Sustainability of an Old Age home:** Last of all, even after establishment of an Old Aged home fulfilling all the above needs, sustainability of the home will still be a major concern. Therefore, profitable resource generating programs need to be conducted side by side with the home activities for sustainable operation of the home.

## **PRESENT CONDITION OF THE PEOPLE**

What is the present condition of the people the project is seeking to help?

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## **EXPECTED ACHIEVEMENTS**

What the project is expecting to achieve?

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### **1. A well constructed, well managed, community participated and safe an Old Aged home will be established at suitable and friendly good environment to the Old aged group.**

1. 2000 Square feet semi-concrete building will be established with living, reading, dining, worship room, recreational and IT facilities for 30 poor and helpless old Aged persons.
2. 7 experienced staffs will be deployed for operation and maintenance of an Old aged home.
3. An old Aged home management committee will be formed and being functional for overall management of an old Aged home and review its progress and performance.
4. An Old aged home staff will be trained through a 7-day long training on “health Care & Old aged Home Services” for proper nursing, care and development of an Old Aged person as well as for effective home service and management.
5. 20 female and 10 male, who are poor helpless/or destitute, will be selected for the old home services and benefits.
6. A Guardian’s Committee will be formed and being functional to provide their direct feedback over the services of an Old Aged home, provide suggestions for any improvement and act as mediator between the an Old aged home and community.

### **2. Adequate nourishment and clothes for the targeted the poor helpless and destitute an Old aged person will be ensured.**

1. 30 poor helpless an Old aged person will receive adequate nourishment and balanced diet every day.
2. The targeted 30 an Old Aged persons will receive adequate clothes – 2 times a year.
3. 30 an Old Aged persons will receive necessary toiletries.

### **3. Access to instant and quality health care for the targeted poor helpless and destitute an Old Aged will be ensured and their awareness on health and hygienic issues will be increased.**

1. The Old Aged home, Old Aged groups will receive regular medical checkup and health care services in monthly medical visits of a qualified physician.
2. The Old Aged groups will gain instant and emergency health services from local physicians, health care providers and health centers.
3. The home old aged groups will be aware on health and hygienic issues by participating in the monthly health education sessions.

### **4. Targeted poor helpless and destitute an Old Aged person will have access to extra-curricular activities, recreational facilities, mental support, social affairs and spiritual formation.**

1. 30 poor and destitute an old Aged will receive tender love, mental support and parental care so that they can feel and enjoy the Old aged friendly home environment as family environment.
2. Daily prayer sessions will be arranged in the old Aged home for spiritual development of the Old Aged persons.
3. Attendance of Old aged persons in church/religious institutions and religions events will be ensured.
4. Social and religious festivals, days and events will be celebrated and observed throughout the year.

**5. Resource generating activities will promoted for financial sustainability of the Old Aged home beyond donor funding.**

- 4.1. Rent-a-car service will be offered by the Old aged home through a Hiace for generating income for the Old Aged home.
- 4.2. Coordination and involvement of a wide range of governmental and nongovernment stakeholders including local government, government departments, local churches, religious leaders, traditional leaders and NGOs will be established.
- 4.3. Community will be encouraged to contribute for the Old Aged home.
- 4.4. Establishment of 1 (one) sale centre just close to the selected place for an Old aged home. The propose place is very popular as being one of the famous picnic centre near Bandarban Town. It is visited everyday by tourist from all over the country. They used to buy the local handicrafts products like- Bed sheet- shawls, traditional Bags Basket etc, and so many other item from there (Picnic centre).The space (Piece of land) will be donated by Rev,L.Dolian with free of cost for the interest of the Old Home.

## **IMPLEMENTATION PLAN**

How we intend to implement the project.

### **1. Establishment of the Old Aged Home:**

1. **Selection of the Place:** The place for establishment of the Old Aged home has already been selected. It will be established at Farukh Para, Sowlok Union under Bandarban Sadar Upazila. CAF will contribute 3 acres of land for establishment of the home and for resource generating activities for the home. The establishment place is close to main Road and easily accessible all seasons.
2. **Construction of the Old Aged Home:** The Old aged Home will be a 2000 square feet semi-concrete building consisting of one male' living room, one female' living room, one common room, one dining room, one office room, guest room, sick room, three living rooms for the home staff, kitchen and toilet facilities. A deep tube well and water tank will be constructed for supply of safe water. A local contractor will be selected for construction of the old Aged Home through bidding process according to the procurement guideline of CAF. The construction work will be completed by the first 3 months of the project.
3. **Equipping the Old Aged Home:** The Old Aged Home will be equipped with the following equipments and facilities:
  - Beds (Single deck for Old aged person) – 30
  - Beds (single deck for staff) – 5
  - Beddings – 30 sets
  - Benches – 32 numbers

- Tables – 16 numbers
- Plates & drinking glasses – 30 sets
- Cooking equipments
- Water filters – 4 numbers
- Indoor Sports equipments
- Outdoor Sports equipments and facilities
- Musical instrument Drum & guitar etc.
- First aid medical equipments
- Computer with accessories (1 one)

A procurement Committee will procure these equipments/facilities according to the procurement guideline of CAF.

**1.4 Staff Recruitment:** Following staff will be recruited under the project for the Old Aged home:

- Project Manager (1)
- Superintendent (1)
- Old Aged Home Care taker (2)
- Cook (2)
- Shopkeeper/Sale Centre care taker (1)

The project manager is an already recruited staff. Rest of the staff will be recruited based on their experience, expertise and qualification according to the Recruitment Policy of CAF by the 3<sup>rd</sup> month of the project. A recruitment committee of CAF will be responsible for the recruitment process.

4. **Formation of an Old Aged home management committee:** An old Aged home Management Committee consisting of representatives from Executive Members and Senior management staff of CAF, Project Manager, Local Priest, and Local Traditional Leaders will be established at the beginning of the project. The CHMC will be in responsibility for overall management of the Old Aged home and review its progress and performance. On behalf of the CHMC, Project Manager, as Chief Officer of the home, will be in direct responsibility for management of the home, implementation of its services and supervision of the staff. The CHMC will sit in quarterly review meeting. Project Manager will submit quarterly progress reports to the CHMC as well as to the donor.
5. **Staff Training:** For proper nursing, care and development of the Old aged persons as well as for effective home service and management the Project Manager, Superintendent and Caretakers will be trained on a 7-day long training on “Old aged person Care & Old Aged Home Services”. A training manual will be developed in advance by a contracted resource person. Contracted resource persons will conduct the trainings in CAF training room by the 3<sup>rd</sup> month of the project.
6. **Selection of poor helpless and destitute Old aged person:** 20 females and 10 male who are poor helpless orphan and/or destitute will be selected for admission into the home. A call for application will be circulated at community level by the CAF grassroots staff before beginning of the program. Selection will be done by the CHMC based on a set of selection criteria as to be defined by the CHMC. However, the first criteria will be that the person must be poor helpless or destitute. CAF defines a poor helpless an old Aged as one who have no to look after him/her and have no to take shelter and a destitute old aged person. Who is in extreme need of comprehensive external aid to meet his/her basic needs due to his/her family and social incapacity or hindrance.

7. **Development of Old Aged home operational manual:** CHMC will develop an Old Aged home operational manual before enrolment of the old aged persons aiming to provide all staffs' and children some guidelines and regulation for smooth maintenance and management of the home as well as for maintenance of old aged home discipline.

## **2. Supply nutritious foods and adequate clothes for the old aged persons:**

- 1.1. **Development of a meal item schedule:** Project Manager will develop a meal item schedule before beginning of home operation ensuring adequate nutrition and balanced diet for the old aged persons.
- 1.2. **Procurement of foods:** The superintendent will arrange monthly, weekly and daily marketing of food items and fuels ensuring adequate food storage for the old aged persons. Marketing will be based on the meal item schedule.
- 1.3. **Cooking and distribution of foods:** Cooks will be responsible for daily cooking and preparation of foods. Caretakers will distribute the foods to the old aged persons at dining spaces. Strict hygienic and sanitary measures will be taken in all stages of food preparation, distribution and consumption.
- 1.4. **Procurement and distribution of clothes:** Each old aged person will be provided with dresses two times a year and of three types: ordinary dresses, occasion dresses, and winter dresses. The procurement committee will be responsible for procurement of the clothes according to the procurement guideline of CAF.
- 1.5. **Procurement and supply of toiletries:** The Superintendent will arrange monthly procurement of toiletries items and supply the same to the old aged persons.

## **2. Provide health care support to the Old aged persons:**

- 2.1. **Monthly medical visit:** Project manager will contract a local qualified physician (at least MBBS degree) within 1<sup>st</sup> quarter of the project for arranging monthly medical visits to the old aged home to provide health care services to the old aged person.
- 2.2. **Instant consultation with physician and attain services from health centers:** Project Manager will establish linkage with local physicians, health care providers and Health centers for instant consultation for any ill an old aged person or for management of any emergency cases. Superintendent will be responsible for bringing the Old Aged person to the linked physicians, health care providers or health centers, when necessary.

## **3. Mental, social and spiritual support:**

- 3.1. **Daily nursing/ care taking:** The caretakers of the Old Aged home will take constant care of the old Aged person, e.g. regular food intake, adequate sleep, cleanliness, nursing during illness, etc. The Superintendent and Caretakers will provide tender love, mental support and parental care to the old Aged persons so that the old Aged persons can feel and enjoy the old aged home environment as family environment.



- 3.2. **Organize daily prayer sessions:** Daily prayer sessions will be arranged in the old Aged home at morning and evening for spiritual development and peace of mind Old aged persons.
- 3.3. **Attendance in church/religious institutions and religions events:** The old Aged home will ensure attendance of the old aged persons in church/religious institutions and religious events for their spiritual development and to relieve from their mental burdens.
- 3.4. **Celebrate social and religious festivals, days and events:** The old aged home will celebrate social/national festivals/events, like mother tongue day, new year day, victory day, independence day, children day, world education day etc., and religious festivals, like Christmas, Easter Sunday, etc.

#### 4. Sustainability of the old aged home

- 4.1. **Rent-a-car service:** The old aged home will purchase one Human Haller (Hiace) and provide rent-a-car service to generate income for sustainably running of the old Aged home. The Hiace will be purchased at the end of 1<sup>st</sup> year.
- 4.2. **Sale centre for local handicraft:** Local handicrafts sale centre will be established from the sixth months of the project. The sale centre care-taker will responsible keeping the collected and selling the same under the strict supervision the home superintendent. Beyond the project, the sale centre will provide income for sustainability of the home. Salary of the care - taker will come from the profit of the sale centre.
- 4.3. Sub –activities under this activities include:
- a. Construction of sale centre
  - b. Procurement of local handicrafts of various items
  - c. Sale of collected items and keep maintain all accounts etc.
  - d. Keeping neat and clean the sale Centre that can give attraction to the customers.
- 4.4. **Involvement of government and nongovernmental stakeholders:** CAF will work in coordination with local government, government departments, local churches, religious leaders, traditional leaders and NGOs, to solicit their support during and beyond the project period for operation of the old Aged home.
- 4.5. **Solicit community contribution:** CAF will encourage contribution of the community, according to their ability, to ensure their ownership in the project.

## **IMPACT OF THE PROJECT**

What impact/difference will the projects make to the lives of the beneficiaries?

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The ultimate impact of the project will be that the poor helpless and destitute an Old aged person from the remote Bandarban will enjoy a sound and fulfilling old aged life toward achieving a promising life through their physical, mental, emotional, social and spiritual development and well being. More specifically:

1. The poor helpless and destitute old Aged will have a safe accommodation and placement where they will enjoy their old aged life in family environment.
2. Gaining adequate nutrition, physical exercise and quality healthcare the poor helpless and destitute old aged will lead a healthful life.
3. Tender love and provide care will bring a pleasant and enjoyable old aged life for the old aged persons and offer them emotional and release from mental depression and anxiety.
4. Finally, the old Aged home will contribute to build the life of the poor helpless and destitute old aged person so that they can be an active person having love, fellow feeling and responsibility for significantly contributing in overall development and reformation of the society, country and nation.

## EVALUATION

How will you measure the difference the project will make on the quality of life of the beneficiaries?

CAF central monitoring team will arrange annual evaluation of the old aged home, where it will assess what the difference the project will make on the safe and quality of the life of the poor helpless and destitute old aged persons. The old aged will assess the following areas of indicator:

- Health status of the old aged persons
- Nutritional status of the old aged people
- Participation and performance of the old aged person in social affairs
- Participation and performance of the old aged persons in spiritual affairs

An evaluation plan will be developed at the first quarter of the project which will include detailed methodology and tools for the evaluation.

## NEGATIVE OUTCOMES, IF THE PROJECT IS NOT IMPLEMENTED

What is the likely outcome for these people if we do not implement the proposed projects

- **Deprivation of nourishment:** The poor helpless and destitute old aged will not get adequate meal and nourishment and thereby, will suffer from malnutrition.
- **Deprivation of clothes:** The poor helpless and destitute old aged will be deprived from adequate clothing. They will suffer more in winter seasons.
- **Deprivation of health care:** The poor helpless old aged and destitute old aged persons will fail to receive health care for their illness. There will remain low awareness on health and hygienic issues among them.
- **Poor emotional support and mental health:** The poor helpless and destitute old aged persons will be deprived of family care and tender love. Many of them have to be engaged in adult economic activities. Therefore, many of the target old aged persons will suffer from “Abandoned Old Aged Syndrome” which includes withdrawal from social activities, anxiety, fear and uncertainty, sleep and eating disorders and physical ailments.
- **Poor social and spiritual development:** Failing to gain spiritual messages and social participation, The Old Aged persons may become frustrate and feel unhappy to live at home.

## PHASES OF THE PROJECT

What will be the phases of the implementation of the project?

- Establishment phase: 3 months (September to December 2013)
- Operational Phase: 33 months (January 2014 to September 2017)

## **FINANCIAL SUSTAINABILITY OF THE PROJECT:**

How will you seek to make the projects financially sustainable if we are able to receive an upstart grant to implement the projects?

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The project will achieve financial sustainability through earning from the following components:

- **Rent-a-car service:** The old Aged home will purchase a Human Haller (Hiace) and provide rent-a-car service to generate income for sustainably running of the old aged home. It is expected that yearly USD 4,500 will be earned from the rent-a-car service.
- **Community Contribution:** CAF will encourage the community to contribute for the poor helpless and destitute old aged as per their ability.
- **Involvement of government and nongovernmental stakeholders:** CAF will establish effective coordination with local government, government departments, local churches, religious leaders, traditional leaders, NGOs and donor agencies, and solicit their all possible cooperation and donation for the home.
- **Handicrafts Sale centre:** Various items of local handicrafts (Bed Sheet, Shawl, traditional bag and basket etc. will be collected. The sale centre will progressively be widened through within the project from its own income. Beyond the project the sale centre expect to provide income of USD 2500 per year for sustainability of the home.

**Submitted by:** Mr,Lal Thangzel Bawm  
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 &  
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